

# Mental Health Strategy

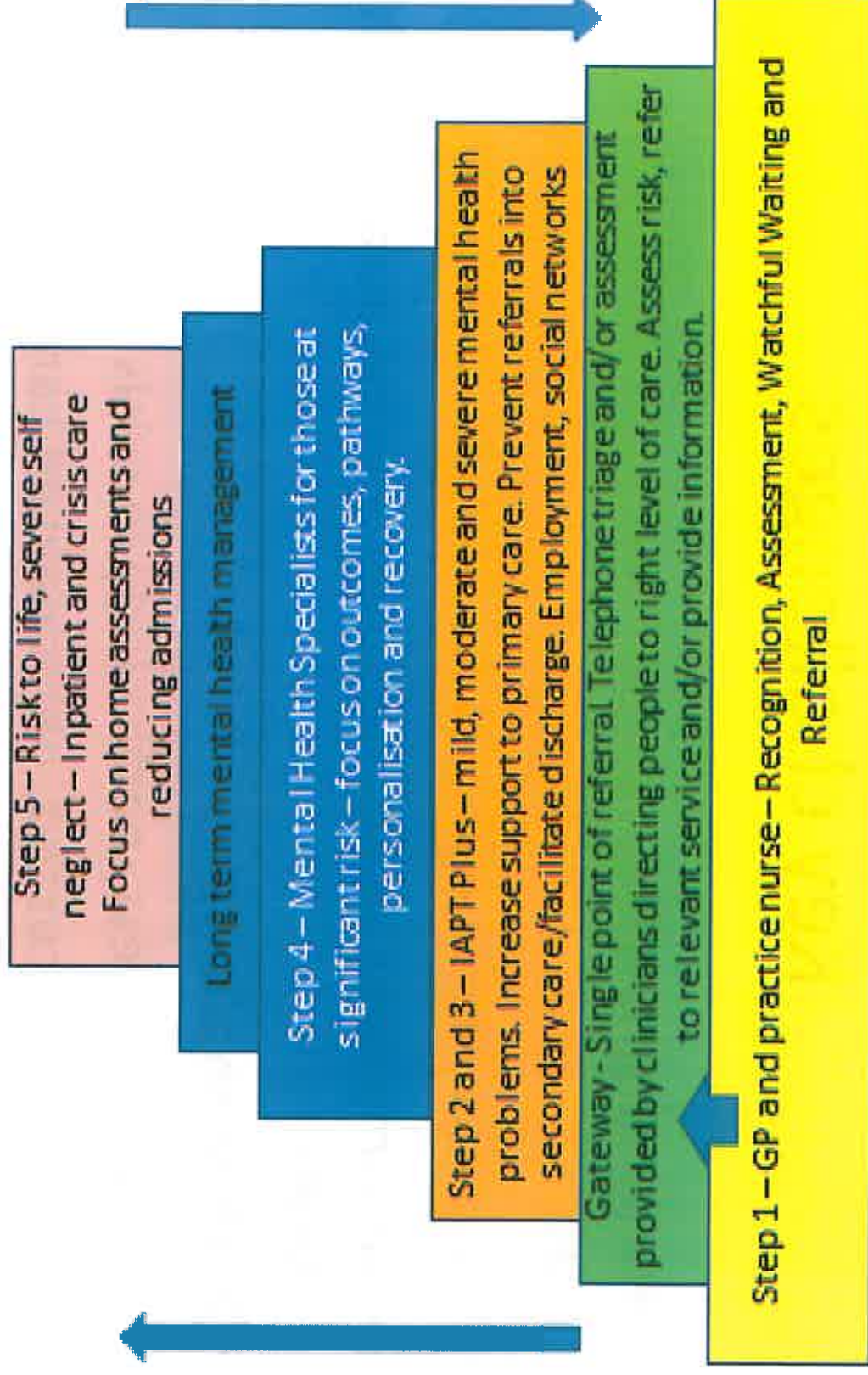
# Process

- Integrated Commissioning
- GP leadership
- Local authority partners
- Service user and carer engagement
- Clinical workshops with SEPT
- Community groups

# Key challenges

- Demand growth
  - 4% increase over 3 years for specialist services
- Financial challenges
  - Assumptions of £6 - 9m over 3 years across south Essex
- Quality challenges
  - Improve access, particularly in crisis
  - Recovery focussed, personalised care
  - Prevention and early intervention

## South Essex Stepped Care Model



# Timeframe

- 3 working groups:
  - 1) Step 1 and the Gateway
  - 2) Step 2, 3 and 4 – IAPT plus and community services
  - 3) Crisis care and inpatient services
- Year 1 – Pilot using CQUIN funding
- Year 2 – Implementation and roll out
- Year 3 - Review and decide market approach

